

General Questions

- In what ways are you...
 - Feeling stuck/distant from God?
 - Recognizing opportunities/promises God is giving you?
 - Enjoying God's love/gifts/presence?
- Are you experiencing a sense of lack or of abundance in your life? How so?

Walls

- Is anything weighing on your heart or mind today?
- Are any thoughts about God discouraging you?
- In what ways have you been comparing yourself to other people?
- What desires have you found yourself fixated on, but know are not God's best for you? What have you been doing about it?
- Are you carrying any guilt/shame? Do you need to confess any sins?
- Do you find yourself focused on what is lacking in your life more than on what you have been given? Why?
- In what ways are you wasting time and energy?
- What difficult issue(s) are you avoiding in your life?